



**On Reflection
Supporting Aboriginal In Home
Support Workers
MDAS**

Equal life chances: How can early years services safeguard the health, development and wellbeing of all Australian children?

Beverley Allen Sharon Gorton



**Ways of
Knowing**



Providing Cultural Safety

- The importance of the relationship
- Spending time to establishing the relationship
- Engaging with the workers



**Ways of
Knowing
Cultural
Awareness**



Developed a shared understanding of the black history of Australia.



Victorian Aboriginal Community Controlled Health Organisation
&
Victorian Aboriginal Health Service

yarning up our Cultural Journey

Cultural Awareness Session




**Ways of
Knowing**




The notion of community

- Staff are workers and community members
- Leads to difficult situations
- Importance of boundaries
- Developing mutual respect




**Ways of
Knowing**




Reflection
"Dadirri"
Listening with your ears and your heart
"Ngara"
Listen, hear, think where to listen is simultaneously to reflect and become self aware


Self Determination Nature of the session



**Ways of
Knowing**



Through out this journey I have taken small steps towards self change and I have listened and learned such valuable ways of yarning with my mob, my family and my work colleagues.





**Ways of
Knowing**



I think your organisation has built strong pathways into these Aboriginal communities, demonstrating the willingness to walk along side.

